

# PE Central Professional Development – Online Courses

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Course: Teaching in Limited Space: Making High Quality Physical Education Possible in

Tight Spaces

Course Dates: Ongoing

Cost: \$49.00 Credit: 6 hours

Instructor: Charles Silberman, Prince Georges County Public School, Upper Marlboro, MD

### **Assignments:**

- Read articles about teaching Physical Education in small spaces.
- Post discussion board questions based on readings

Who Should Take: Elementary physical education teachers.

**Course Purpose/Description:** To introduce the concept of limited space and how it affects our students' overall development and demonstrate, through reflective learning, how limited space strategies and physical education best practices can be implemented in a limited space physical education setting.

### **Benefits:**

- Flexibility Complete assignments at your own pace and schedule
- Grade free Complete your assignments, get feedback from instructor and platform.

## What you will get out of the course:

- 6 hours of Professional Development credit (check with your principal)
- Certificate of completion

## What you need to take the course:

• Access to the Internet using a computer and/or tablet and ability to view videos, PDF and Microsoft Word documents.

Web: <a href="http://ssww.teachable.com">http://ssww.teachable.com</a> Email: <a href="mailto:ecourses@pecentral.org">ecourses@pecentral.org</a>