



PE Central Professional Development

<http://ssww.teachable.com>

Course Name: Non-locomotor Skills Unit with Lesson Plans: Aligning Content Standards, Assessment, Goals, Objectives and Instructional Strategies

Course Dates: Ongoing

Cost: \$49.00 **Credit:** 3 hours

Instructor: Renae Buss, Elementary PE teacher, 31 years experience

Assignments:

- Review a non-locomotor Skills Unit with Content Standards (15 minutes)
- "Revise" or "Add" to instructional strategies for ONE non-locomotor skill lesson plan (45 minutes)
- Share an example of a non-locomotor skill assessment (30 minutes)
- Comment on two peer postings (30 minutes)

Who Should Take: Elementary physical education teachers.

Course Purpose/Description:

The purpose of this course is to align key sections of a physical education unit of study and collaborate with those teaching in the physical education classroom.

Benefits:

- Flexibility - Complete assignments at your own pace and schedule
- Feedback - Our instructor will review all of your assignments
- Grade free - Complete your assignments and wait for mentor to check as P/F

What you will get out of the course:

- 3 hours of Professional Development credit
- FREE lesson plans in addition to the one that you will create as a student
- Certificate of completion

What you need to take the course:

- Access to the Internet using a computer (a tablet will not work at this time)

To Learn More Contact Mark Manross at PE Central

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