

# PE Central Professional Development – Online Courses

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Course: Making Your Field Day Shine: How to Plan and Execute a Field Day That Rocks!

Course Dates: Ongoing

Cost: \$99.00

Credit: 10 hours (plus for additional \$ can purchase 1 CEU)

Instructor: Charles Silberman, Prince Georges County Public School, Upper Marlboro, MD

### **Assignments:**

- Read articles and review videos on planning an effective and efficient Field Day
- Post discussion board questions based on readings
- Create your own Field Day planning guide and receive instructor feedback

**Who Should Take:** K-12 physical education teachers and/or anyone responsible for administering field day.

**Course Purpose/Description:** This course will walk you through the process of designing and executing a successful field day. You will learn about the process of planning a field day including the planning process, communicating to stakeholders, choosing a theme, choosing activities, when to take what steps, and what documents to use in the process. Exemplar field day videos and planning documents and many field day event ideas will be shared. Included with the course is a FREE Field Day planning manual and guide.

### **Benefits:**

- Flexibility Complete assignments at your own pace and schedule
- Grade free Complete your assignments, get feedback from instructor and platform.
- Free Outdoor and Indoor Field Day Ideas and Guidebook!

## What you will get out of the course:

- 10 hours of Professional Development credit (check with your Principal)
- Certificate of completion
- · You may purchase one CEU from Saint Mary's College of California

## What you need to take the course:

• Access to the Internet using a computer and/or tablet and ability to view videos, PDF and Microsoft Word documents.